



FREE REPORT

**Three Pro “Secrets”
To Instantly Slash Shots Off
Your Next Round.**

Golf can be our greatest love, or our worst enemy depending on how we play on any given day.

In fact the whole round can quickly spiral into a hacking nightmare because of a lost ball or a nasty drive, even from the very first tee.

But we should always remember, even the world's leading professionals can hit a bad shot, and or suffer a "bad run". The difference is every pro has processes for dealing with mistakes, and methods to try to ensure that one poor shot does not affect their next shot.

The professional tour players have their coach at their side to support and guide them, and I'm guessing you don't have a full time coach shadowing you on every round. However you can still "steal" their tips and tricks for yourself.

In this report I'm revealing Three Pro Secrets that will bring noticeable improvements to your game, when you put them into action during your round.

You'll notice how the three actions are linked, and how doing each one correctly will affect the one following.

Use these processes and methods in your own game to help you instantly recover from having just played a bad shot, and more importantly, help you prevent the mistake in the first place.

Ok, I'm not suggesting you'll match Rory McIlroy shot-for-shot simply by adding these three actions to your game, nevertheless, I guarantee when you use them regularly, you'll be hitting more consistently, improving your scores and enjoying your game more than ever before.

And, if you're already using any these processes, Congratulations!...You are well ahead of most other amateur golfers.

So here goes...

...Three Pro "Secrets" You Can Put Into Action
To Instantly Carve Shots Off Your Next Round.

Pro Secret Number 1

Be Ready To Score - Practice Before You Play.

Every professional practices their drives and putting before they head out on their round. This gets them ready to score from the very first shot.

I know it isn't always easy to find the time to practice before your round. Typically, many amateur golfers zoom into the golf course car park with only a few minutes to spare before they tee-off. They step onto the tee and take a few warm-up swings, which might be the first time they've swung a club since their last round a week beforehand.

This method would almost certainly be a disaster for a World Class Pro, so it really shouldn't be a surprise to these amateur players when their drive off the first tee goes haywire.

My simple, and very effective tip is, arrive 30 minutes early to warm-up and practice your drives and putts.

Hit 40 – 50 balls, working your way through the clubs from the wedge to the driver.

This is where you can think about your swing, because once you get on the course your only thought should be on the target.

If you haven't already done this I predict you will instantly notice an improvement when you play your round.

And when you experience this for yourself, you'll make a point of finding a little extra time in the future to practice before every round.

Pro Secret Number 2

Use a Pre-Shot Routine.

Every professional golfer has one. And if you already have a good one too, that's great! You're a step ahead of most golfers

So what exactly is it, and why do you need one?

Following a good pre-shot routine helps your consistency, accuracy and scoring, by preparing your mind and your body for the shot. It gets you focused and "in the zone".

In a way you're "programming" yourself to play every shot in the best way possible.

Many golfers will claim they have a pre-shot routine, but is it an effective one?

For most amateurs, a pre-shot routine (from the tee) probably goes something like this:

Glance down the fairway...
Pull their “favourite” club out of their bag...
Step up to the tee...
Take one or two practice swings...
Get into the set-up position...
Maybe have a fleeting thought about which way the
wind is blowing...
Aim for the middle of the fairway anyway...
Focus hard on the ball...
Realize everyone else is focusing hard on them...
Immediately tense up...
The pressure is on to hit a great shot...
And the main thought screaming in their head is
“Don’t screw this up!”

Now, that’s definitely not the type of routine that will
produce the best shots and give you the scores you
want.

So what makes an effective pre-shot routine?

Here are a few steps to follow that will be a massive
help to you:

As you approach, study the fairway, the yardage
and par.

Create a mental picture of how you will reach the green. Just like a chess player, you are planning your moves in advance.

Think of it like “connecting the dots” (or shots) in reverse...from the green back to the tee, taking note of the pin position, and the direction of the fairway.

Working backwards like this enables you to “see” the spot where you will play your second shot. This then is your target for your tee shot.

Then visualize how this shot will look. For example, if the fairway is a dogleg left, you will be visualizing your first shot landing on the right side of the fairway, opening up the fairway for your second shot.

To get your aim correct, choose a small intermediate target, like a leaf or tuft of grass, about five yards in front of your ball on the line to your target. Use this as your point of reference for your set up and alignment. Then transfer your focus to the real target.

Consider the direction and strength of the wind. Aim your shot to the left or right of where you want it to finish up, to compensate for the wind blowing the

ball off course. You could also keep the ball flight lower than normal to lessen the effect of the wind.

Choose the club that will best produce the shot you have visualized.

Practice your swing, taking your time to ensure it feels right. Stay focused on the target during the practice swings.

The only thought in your mind at the point before your shot should be target position you've chosen. Now, take your shot.

Pro Secret Number 3

Stay Relaxed Between Every Shot, Especially If You've Played A Bad Shot.

This might seem an odd suggestion to some golfers. But, you've probably heard many times before... "Golf is a mental game".

Staying relaxed and positive between shots helps you produce the best shots possible in your game, despite the challenges of the course, the conditions, and your own abilities.

After hitting a bad shot most golfers spend the time beating themselves up as they walk along the fairway to the next shot. This will instantly mess up your pre-shot routine.

Imagine this. You've hit a wonderful tee shot, striking the ball perfectly to the exact spot you intended. You're "mental prediction" for your next shot is almost certainly that it will be another fantastic one. So your chances of actually hitting another great shot are extremely good.

Now imagine you've sliced your tee shot into the rough, 40 yards shorter than you were aiming for. Do you notice the difference in your feelings? For many golfers that one bad shot, and the negative expectations they carry in their mind on the way to take their next shot, can wreck their whole afternoon.

So here are a few techniques to ensure you remain relaxed and positive after a bad shot:

First, after hitting a bad shot, immediately take another practice swing. Repeat the swing a few times until it feels like it should have felt when hitting a great shot.

This instantly implants a positive reminder in your mind and body that you *can* produce the shot you want.

Second, stay open minded about the next shot. Keep calm and don't fret because you simply won't know for sure how difficult the next shot is until you reach your ball. You might be lucky. The lie may not be as bad as you expected, and the ball might even be sitting up nicely for you.

And, even if it turns out to be a real toughie, you can enjoy that too. Don't we all love the buzz of pulling a great shot from a tough position? You've a

far better chance of producing a great shot if you're relaxed and positive.

Third, remember to follow your effective pre shot routine.

So there you have it. Three simple and extremely effective techniques used by the Worlds Leading Pro Golfers.

**Pro Secret Number 1
Practice Before You Play.**

**Pro Secret Number 2
Get Yourself a Pre-Shot Routine.**

**Pro Secret Number 3
Stay Relaxed and Positive**

Put these into action for yourself, and you'll be surprised at how much you can improve, starting on your very next round.

Good Luck and Enjoy!